

What are you drinking?

*“ Soda Water and Cranberry
with Lime ”*

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ Losing weight, feeling great
and I want to keep going ”*

What are you drinking?

“ Soda Water with Lime ”

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ Challenging myself this month
to see how it feels ”*

What are you drinking?

“ Diet Coke (or Sprite) ”

You're NOT DRINKING?

“ NOPE ”

WHY?

“ It doesn't agree with me ”

What are you drinking?

*“ Soda Water and Cranberry
with Lime ”*

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ It was affecting my sleep, so I
thought I'd give it up for a
while to see how it feels ”*

What are you drinking?

“ Soda Water with Lime ”

You're NOT DRINKING?

“ NOPE ”

WHY?

“ I decided to take a 12-week challenge so I'm committed to it right now ”

What are you drinking?

“ Diet Coke (or Sprite) ”

You're NOT DRINKING?

“ NOPE ”

WHY?

“ I don't drink alcohol. I'm not into it ”

What are you drinking?

*“ Soda Water and Cranberry
with Lime ”*

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ I'm on a cleanse and alcohol is
definitely not on the plan ”*

What are you drinking?

“ Soda Water and with Lime ”

You're NOT DRINKING?

“ NOPE ”

WHY?

“ Sounds like fun, but tonight is a no alcohol night for me ”

What are you drinking?

“ Diet Coke (or Sprite) ”

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ Tonight, I'm choosing to have
a good night's sleep ”*

What are you drinking?

*“ Soda Water and Cranberry
with Lime ”*

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ I'm waking up early to work
out ”*

What are you drinking?

*“ Soda Water and Cranberry
with Lime ”*

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ I've got plans to go on a hike
tomorrow and I definitely want
to be in top shape for it ”*

What are you drinking?

“ *Soda Water with Lime* ”

You're NOT DRINKING?

“ *NOPE* ”

WHY?

“ *I'm getting up early to meet a friend for coffee* ”

What are you drinking?

*“ Soda Water and Cranberry
with Lime ”*

You're NOT DRINKING?

“ NOPE ”

WHY?

*“ I have to get up early and
work on a project ”*

What are you drinking?

“ Soda Water with Lime ”

You're NOT DRINKING?

“ NOPE ”

WHY?

“ I've got a big 'to do' list tomorrow and I want to make sure I have the energy to tackle it ”

SERIOUSLY?

“ I’m good, really! ”

SERIOUSLY?

“ I’m serious! I’m having some really healthy water!,”

SERIOUSLY?

“ Nah! I’m pretty committed to this because I feel great „

SERIOUSLY?

“ You guys go ahead. I'll keep up with you with my drink!.....Hahaha ”

SERIOUSLY?

“ How about you have a drink with me? It has no calories and it's good for you! ”

SERIOUSLY?

*“ I’m having a drink with you.
It’s called water! ”*